



4241 B Street, Suite 202, Anchorage, AK 99503  
Phone: 907-277-0100 Fax: 907-222-0566  
alaskaneuro.com

Thank you for choosing Alaska Neuro Associates, LLC (ANA), where you will receive a comprehensive neuropsychological evaluation and relevant recommendations regarding your referral concerns. In order to provide the best evaluation possible, we have assembled a “Registration” packet for your review and completion. You will need to complete the packet and return prior to scheduling your appointment. If for any reason you are unable to complete the packet in a timely manner, please call our office. The information you provide will be used by the Neuropsychologist during the interview to better focus their time and attention on your specific concerns. Short term cancelling of your appointment less than 48 business hours prior to the appointment may result in a \$500.00 fee that your insurance will not pay.

If you have any questions, please feel free to contact our office at (907) 277-0100.

**Included within this packet:**

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## Neuropsychological/Psychological Evaluation

You have been referred for a neuropsychological evaluation with Alaska Neuro Associates, LLC (ANA). Your appointment is scheduled for:

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_ **Doctor: (Russell Cherry, PsyD/Heather Macomber, PhD)**

### **What is a neuropsychological evaluation?**

A neuropsychological evaluation is a complex process that integrates information from a wide variety of sources in order to develop a clear picture of who the person is, assess how they are functioning, and determine what may be interfering with their ability to function more effectively. A neuropsychological evaluation relies on multiple sources of data and examines cognitive abilities, brain-behavior relationships, adaptive abilities, and psychological/personality functioning. The comprehensive nature of such an evaluation enables more accurate diagnoses, determines areas of strength and weakness, and provides relevant recommendations, such as the need for academic, psychological/psychiatric, medical, and vocational interventions.

### **Who is involved in my care?**

**Neuropsychologist** – A doctoral-level, licensed clinical psychologist with extensive specialized postdoctoral training in clinical neuropsychology.

**Psychometrist** – A professional who administers and scores neuropsychological tests under the supervision of a Neuropsychologist. *Please note: the psychometrist cannot provide you with any information about your test results or diagnosis.*

### **How long does it take?**

The duration of the testing process varies based on the nature of the referral question and the complexity of your situation. The testing typically takes between four to six hours.

**Note:** If you are not well-rested for your evaluation appointment, this will negatively affect your test performance and make it more difficult for the Neuropsychologist to determine an accurate diagnosis. Therefore, if traveling from outside the Anchorage bowl area for a morning appointment, please find accommodations for the evening prior to your evaluation.

### **How do I prepare for the evaluation?**

- Arrive **30 minutes early** for your appointment.
- If the patient is nonverbal or unable to provide accurate information regarding their situation, then they **MUST** be accompanied by an adult who is familiar with their history and current issues.
- Make sure you get plenty of sleep the night before the appointment.
- Bring any hearing aids, contacts or glasses, if you have them.
- Eat before the appointment and bring a snack.
- Bring a list of your current medications (and doses).
- Bring **any medical or school records** you have (recent and past) related to your problem.

### **When can I get the results?**

After your initial appointment, you will schedule a feedback appointment for approximately three to four weeks later, at which time you will receive your report. The Neuropsychologist will discuss your test results and answer your questions, and this collaborative process may result in additional recommendations. Please allow for one hour for this appointment.

**If you have any questions, please contact our office at (907) 277-0100.**

**PATIENT REGISTRATION FORM**

**PARENT/GUARDIAN/RESPONSIBLE PARTY:** Who is the adult responsible for the bill?

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ M.I.: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_ Photo ID and Proof of Guardianship Required

Any patient under the age of 18 and those requiring a guardian beyond the age of 18 must have their guardian remain in our office throughout the evaluation process.

Marital Status: M / S / D SSN: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: M / F

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email address \_\_\_\_\_ I authorize the use of this email address for scheduling and billing purposes

Employer's Name, Address & Phone:

\_\_\_\_\_  
\_\_\_\_\_

**PATIENT INFORMATION (Must be filled out completely for patient)**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ M.I.: \_\_\_\_\_

SSN: \_\_\_\_\_ Marital Status: M / S / D Sex: M / F DOB: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Employer's Name, Address & Phone:

Emergency Contact:  
Name: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_

**PRIMARY INSURANCE - ALL INFORMATION MUST BE PROVIDED**

Insurance Name & Address: \_\_\_\_\_

Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_ Effective Date: \_\_\_\_\_

Policy Holder: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

SSN: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_

Employer Name, Address & Phone:

\_\_\_\_\_  
\_\_\_\_\_



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**SECONDARY INSURANCE - IF APPLICABLE, ALL INFORMATION MUST BE PROVIDED**

Insurance Name & Address: \_\_\_\_\_  
Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_ Effective Date: \_\_\_\_\_  
Policy Holder: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_  
SSN: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_  
Employer Name, Address & Phone: \_\_\_\_\_  
\_\_\_\_\_

**TERTIARY INSURANCE - IF APPLICABLE, ALL INFORMATION MUST BE PROVIDED**

Insurance Name & Address: \_\_\_\_\_  
Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_ Effective Date: \_\_\_\_\_  
Policy Holder: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_  
SSN: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_  
Employer Name, Address & Phone: \_\_\_\_\_  
\_\_\_\_\_

Patients are responsible for knowing whether or not and to what extent their insurance plans cover. It is the plan holder’s responsibility to determine if their insurance plan requires any preauthorization or precertification for services. You are responsible for paying any balance that is not covered by your insurance. Insurance coverage is not a guarantee of payment. Please call our billing department for any questions or need assistance with a prior authorization. **Charges for a neuropsychological evaluation range from \$4,600.00 - \$5,200.00, and the feedback session additional \$425.00.**

I hereby declare the information provided herein is true and correct to the best of my knowledge.

\_\_\_\_\_  
**Patient/Responsible Party Signature**

\_\_\_\_\_  
**Date**

**CLINIC POLICIES**

Thank you for choosing Alaska Neuro Associates, LLC (ANA), where you will receive a comprehensive neuropsychological evaluation and relevant recommendations regarding your referral concerns. The purpose of this form is to provide you with important information regarding confidentiality and responsibility for payment of services.

**CONFIDENTIALITY:** Information obtained during the current evaluation is considered confidential and can ordinarily only be released to other parties with your written permission. If you divulge information about the abuse of child, vulnerable adult, or elder, then we are required by law to report this to the appropriate authorities. Additionally, if you threaten to harm yourself, someone else, or the property of others, we may be required to notify the police and potential victim(s), or take other reasonable steps to prevent the threatened harm. Finally, if ordered by the court, we may have to testify or release your records. Please ask the front desk staff for a release of information if you want us to be able to speak with additional family members or providers other than the referral source about your care. We will forward a copy of the report to the referral source.

Patient/Responsible Party initials \_\_\_\_\_

**CHILDREN:** A parent or legal guardian must accompany all children under the age of 18 years. No child is to be left in the waiting room at any time without adult supervision. In order to be able to participate fully in the evaluation process, parents are asked to only bring the child who is to be seen to the appointment.

**CANCELLATIONS/NO SHOW:** We complete a courtesy reminder call and/or text/email 1 week in advance of each appointment. You are responsible for confirming your appointment by responding to prompts during the call and/or via text/email. This **MUST** occur within 48 business hours of your scheduled appointment time, or your appointment will be cancelled. If you are cancelling your appointment, you **MUST** do so at least 48 business hours in advance, directly with a staff member during business hours, otherwise you will be charged a “No Show” fee of \$500.00. For feedback appointments, the appointment **MUST** be cancelled with at least 48 business hours’ notice, or you will be charged a “No Show” fee of \$50.00. **Insurance will not be billed for “No Show” fees. These fees will not be removed regardless of the reason the appointment was missed.**

Patient/Responsible Party initials \_\_\_\_\_

**FINANCIAL:** As a courtesy, we will bill your insurance if you provide **accurate proof of coverage** at the time of service. You are expected to pay any/all deductibles and co-pays at the time of service. **You are responsible for paying any balance that is not covered by your insurance.** If you fail to pay your final bill or to make financial arrangements to settle your account within thirty (30) days of receiving your statement, your account will be sent to collections. We accept cash, check, Visa, and MasterCard. Billing statements and receipts will be sent electronically if an email address has been provided. Your provision of the email address shall be considered your consent.

Patient/Responsible Party initials \_\_\_\_\_

**GUARANTEE OF PAYMENT/ASSIGNMENT OF BENEFITS: Charges for a neuropsychological evaluation range from \$4,600.00 - \$5,200.00, and the feedback session additional \$425.00.** In order to bill my insurance I understand that they will have access to reports from services provided by ANA. I authorize the exchange of information necessary for payment of services. I authorize payment directly to ANA for services rendered to me regarding my evaluation. I also understand that I am responsible for any amount not covered or that is deemed over usual and customary fees by my insurance carrier or agency. **Self-paying patients:** I understand that I am responsible for my bill and that an initial payment of \$5,000.00 is expected prior to the start of the evaluation process unless prior arrangements have been made.

Patient/Responsible Party initials \_\_\_\_\_

Alaska Neuro Associates, LLC clinic policies and privacy practices have been reviewed, understood and agreed to by me.

Patient Name: [print] \_\_\_\_\_

\_\_\_\_\_  
 Patient/Responsible Party Signature

\_\_\_\_\_  
 Date

## **CONSENT FOR NEUROPSYCHOLOGICAL/PSYCHOLOGICAL EVALUATION**

You have been referred for a neuropsychological evaluation (i.e. formal evaluation of your cognitive abilities) with Russell Cherry, PsyD or Heather Macomber, PhD. Please read this document carefully, as your signature will represent an agreement between you and Alaska Neuro Associates, LLC (ANA).

The goal of neuropsychological evaluation is to determine if any changes have occurred in your attention, memory, language, problem solving, or other cognitive abilities. A neuropsychological evaluation may point to changes in brain function and suggest possible methods and treatments for rehabilitation.

The first part of the evaluation is an interview, which will entail asking questions about your background and current medical problems/symptoms. Although we try to be thorough during interviews, we may not ask about some areas or information that you believe are relevant or important to your current problems. If so, please tell us so that we can discuss it. Conversely, we may ask you questions that seem irrelevant to you/your condition, but based on our clinical judgment, they are necessary to better understand your condition. You are encouraged to bring or make available any documents that speak to your cognitive abilities before your problems began, such as school transcripts, work records, or employee evaluations. As part of conducting a comprehensive evaluation, your Neuropsychologist will likely request a number of documents relevant to your condition from a variety of sources including, but not limited to, your psychiatrist, neurologist, therapist/counselor, radiologist, primary care provider, hospitals, employer, and any other entities that would provide information pertinent to your condition.

Please be aware that you are encouraged to have a family member/significant other present during the interview to help provide information regarding your problems, but that they *may not* be present during testing. It is also the policy of this office and American Academy of Clinical Neuropsychologists/National Academy of Neuropsychology guidelines that third party observers (e.g., attorney, advocates, etc.) or recording devices are not allowed during the interview or testing.

In the second part of the evaluation, different techniques and standardized tests will be introduced including, but not limited to, asking questions about your knowledge of certain topics, reading, drawing figures and shapes, viewing printed material, solving puzzles, using a computer keyboard, and manipulating objects. You are to give your best effort during the testing. That does not mean that you must answer every problem correctly, as no one ever does. However, this part of the examination will assess the accuracy of your responses, as well as the degree of effort that you exert on the tests. Additionally, you will be asked to complete various questionnaires assessing your psychological/personality functioning. It is extremely important that you be as truthful as possible when answering these questionnaires.

After the test results are obtained, the Neuropsychologist will interpret this information in a comprehensive report. The report will contain test data, provide detailed analysis of neuropsychological and psychological results, summarize the entirety of information and provide DSM-V-TR/ICD-10 diagnoses, and provide relevant recommendations.

I understand that I have the right for my personal information to be kept private and that information may be discussed between ANA staff members only to the extent that it ensures quality care. I understand that my rights to privacy are limited by state and federal law; and only in an emergency or if it is required by law will records be released without my written consent. These circumstances include, but are not limited to:

- 1) If I divulge information about the abuse of child, vulnerable adult, or elder, then ANA is required by law to report this to the appropriate authorities, which may include Adult Protective Services, Office of Children Services, and/or law enforcement.
- 2) If I threaten to harm myself, someone else, or the property of others, ANA may be required to notify the police and potential victim(s), or take other reasonable steps to prevent the threatened harm.
- 3) If ordered by the court, the Neuropsychologist may have to testify or release my records.

I understand that if I am giving consent for a minor child or someone over the age of 18 for whom I have legal guardianship, it is incumbent upon me to inform any other parent or legal guardian prior to giving consent and my signature below constitutes my attestation to having full authority and agreement on the part of all parties involved for consenting to the neuropsychological evaluation process. I hereby release Alaska Neuro Associates, LLC and shall hold them harmless from any obligation real or implied to inform any other parent or legal guardian or obtain additional consent from any other party as my signature shall serve as permission granted by all parties involved and I will assume full responsibility for any other parent or legal guardian's consent.

I understand that I have the right to terminate the evaluation whenever I wish. I also recognize that in taking such action, the Neuropsychologist will be unable to complete the evaluation, generate a report, and provide valuable information to me and my referral source regarding my issues/concerns.

I understand the Neuropsychologist also has the right to terminate the evaluation at any point should they become aware of any pending litigation, i.e., open custody cases, contested guardianship cases, worker's comp., automobile accident claim, I understand if I am non-cooperative with the evaluation, as defined by refusal to answer interview questions, or evidencing hostile or belligerent behavior towards the examiner or any ANA staff, the appointment will be cancelled, and you will be billed accordingly, without opportunity for further rescheduling, etc., for which their report may be used. In which case, the evaluation will not be completed, a report will not be issued, insurance will not be billed and the patient will be solely responsible for payment of the time spent prior to the discovery of the undisclosed legal issues.

The terms of this evaluation have been reviewed, understood and agreed to by me.

\_\_\_\_\_  
 Patient Signature

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Witness Signature (only needed for "X" signature)

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Parent or Legal Guardian Signature

\_\_\_\_\_  
 Date

**PICTURE CONSENT**

I authorize Alaska Neuro Associates, LLC (ANA) to take a picture for the purpose of the neuropsychological evaluation process. I understand that this picture will remain in my record for patient identification purposes.

\_\_\_\_\_  
Signature of Acknowledgement

\_\_\_\_\_  
Date

**HIPAA ACKNOWLEDGEMENT**

NOTICE OF PRIVACY PRACTICES

My signature below acknowledges that I was offered a copy of the ANA notice of Privacy Practices. I also acknowledge that pursuant to **Ethical Standard 9.04 “Release of Test Data,”** the “Psychologists may refrain from releasing test data to protect a client/patient or others from substantial harm or misuse or misrepresentation of the data or the test, recognizing that in many instances release of confidential information under these circumstances is regulated by law.” It is ANA standard policy that raw test data will not be released to anyone other than a licensed professional Neuropsychologist qualified to interpret the data. This request must be in writing.

\_\_\_\_\_  
Signature of Acknowledgement

\_\_\_\_\_  
Date

**AMENDMENT POLICY ACKNOWLEDGEMENT**

It is ANA policy that patient records will not be amended if the requested change does not directly affect the diagnosis and/or treatment recommendations.

By my signature below, I acknowledge this policy and that any request to amend my final neuropsychological evaluation will be denied if the requested information to be changed does not directly affect the diagnosis or treatment recommendations.

\_\_\_\_\_  
Signature of Acknowledgement

\_\_\_\_\_  
Date



**CHILD/FAMILY HISTORY QUESTIONNAIRE**

PLEASE NOTE: THIS FORM MUST BE COMPLETED IN FULL

**DEMOGRAPHIC INFORMATION**

Form completed by: \_\_\_\_\_ Relationship to child: \_\_\_\_\_  
 Child name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
 Gender: M F Race/Ethnicity: \_\_\_\_\_ Primary Language: \_\_\_\_\_  
 Handedness: Right/Left/Both Current Grade: \_\_\_\_\_ Current School: \_\_\_\_\_  
 Who referred you to this evaluation? \_\_\_\_\_  
 Who is your Pediatrician/Primary Care Provider? \_\_\_\_\_

**REASON FOR REFERRAL**

What question would you most like to have answered by this evaluation?  
 \_\_\_\_\_  
 \_\_\_\_\_

When did your child's problem first start? (Age) \_\_\_\_\_

How have their problems changed over time? Better Same Worse

What do you think is the cause of their problems?  
 \_\_\_\_\_  
 \_\_\_\_\_

What have you tried before and how did it work?  
 \_\_\_\_\_  
 \_\_\_\_\_

**Within the last 6 months, my child has had SIGNIFICANT problems with...**

**Memory** – they easily forget...(Circle)

Events from years ago	Names of close friends/Family	Recent conversations	Events from yesterday
Verbal directions	Information just read	Home phone numbers/Address	
Regular assignments/Chores/Medications		Where they left their stuff	

**Attention** – they struggle with... (Circle)

Finishing books/Movies	Focusing for lengthy periods	Doing two things at once	Poor attention to detail
Diagnosis of ADHD	Hyperactivity	Mind wandering	Listening (> 10 min)
Distractibility	Day dreaming at work/school	Not finishing tasks	Not turning in completed work

**PATIENT PROBLEM AREAS**

**Language** - they have a hard time with... (Circle)

Understanding others	Not knowing the names of things	Feels that others speak too fast
Spelling/Dyslexia	Organizing their written work	Reading comprehension

**Spatial Orientation** - they struggle with... (Circle)

Getting lost easily	Telling right from left	Having poor coordination/ being clumsy
Running into obvious objects	Learning to ride a bike	

**Processing Speed – they seem... (Circle)**

Slow to complete class work      Physically slower than peers      Slow to complete chores when trying

**Sensory/Motor Skills -**

Shuffling gait/Unsteady on feet      Can't pick up small items      Shaky handwriting      Moves really slow  
 Tripping/Falling      Can't open jars/Weak grip      No sense of smell/taste      Hand tremors  
 Color blind

**Executive Functioning - they struggle with... (Circle)**

Thinking logically      Planning ahead      Completing multiple-step tasks/projects  
 Understanding time      Impulsivity      Learning from consequences  
 Solving new problems      Adapting to change      Transitioning to a new activity  
 Understanding new situations

**Mood/Behavior - on more days than not, they have problems with... (Circle)**

Nervous      Worry wart      Anxiety attacks      Specific fears      Picks at self/Bites nails  
 Tics      Overly shy      Indecisive      Perfectionistic      Easily overwhelmed  
 Repetitive behavior      Feels guilty      Withdrawn      Cries easily      Suicidal  
 Low self-esteem      Always negative      Loss of interest      Doesn't enjoy things      Hurts self  
 Angry outbursts      Hopeless      Aggressive      Swearing      Lie/ Steal  
 Destroys things      Repetitive body movements      Hurts people/animals      Runs away      Immature  
 Doesn't trust others      Suspicious/Paranoid      Dwells on past trauma      Loner      Stubborn  
 Disrespects adults      Frequent headaches      Irritable/Upset stomach      Won't stop talking      Argumentative  
 Mood too "high"      Needs less sleep      Severe mood swings      Doesn't show emotion      Can't go places alone  
 Obsessive interest      Obsessed with weight      Sad/Down  
 Really impulsive (money, sex, drinking, drugs)

**Within the last month, which of the above problems is worse than the others?**

**Social Skills - they have lots of problems with... (Circle)**

Prefers younger peers      Preferring to be alone      Making friends  
 Personal boundaries      Eye contact      Understanding nonverbal social cues  
 Being "different" from peers      No sense of humor      Maintaining friendships  
 Bullies others      Being bullied      Lacking remorse for hurting others  
 Fighting with friends      Knowing how to play      Being overly demanding in relationships  
 Being controlling/Bossy in friendships      Being a "little adult"      "Policing" peers behavior

**Daily Living - they have lots of problems with... (Circle)**

- Choosing clean clothes                      Brushing teeth                      Using deodorant
- Cleaning properly after bowel movement    Washing their body well              Needing reminders to bathe
- Being aware that they smell/has bad breath    Checking their appearance              Not recognizing pain
- Choosing wrong clothes for weather              Being sensitive to certain fabrics    Oversensitive to light/noise/busy environment

**MEDICAL HISTORY**

**Pregnancy/Birth/Development:**

**Duration of pregnancy (weeks)** \_\_\_\_\_ (Full-term is 40 weeks)

**Circle any of the following problems during the pregnancy:** (Please explain below)

- Excessive vomiting              Infections              Threatened miscarriage              Diabetes
- Toxemia              Anemia              High blood pressure              Physical Abuse
- High Stress (explain)              Motor vehicle accident              Fall              Surgery

**Prenatal exposure to:** Cigarettes    Alcohol    Drugs (cocaine, meth, marijuana, spice, etc.)

**Explanations:**

\_\_\_\_\_

\_\_\_\_\_

**Medications taken during pregnancy (over-the-counter and prescriptions):**

\_\_\_\_\_

**Other significant events, complications, medical procedures during pregnancy:**

\_\_\_\_\_

\_\_\_\_\_

**Duration of Labor:** \_\_\_\_\_    Breech position:    Yes / No

**Apgar scores (if known)** \_\_\_\_\_    Birth weight: \_\_\_\_\_ pounds \_\_\_\_\_ ounces

**Complications:** “Blue” Baby              Cord around neck              Hemorrhage              Suction

**Required:**    Oxygen              Transfusions              Treatment for jaundice

**Other complications (i.e. infections, birth defects, injury):** \_\_\_\_\_

**NICU or Specialized care (incubator, oxygen tent, etc):** Yes / No \_\_\_\_\_

If yes, number of days: \_\_\_\_\_

**Number of days your child was in the hospital after delivery:** \_\_\_\_\_

**As a baby, did your child have problems with?** Circle all that apply:

- |                             |            |                                      |             |
|-----------------------------|------------|--------------------------------------|-------------|
| Sucking/Swallowing/Feeding  | Heart rate | Breathing                            | Sleep apnea |
| Sleeping problems           | Allergies  | Didn't like being held               | Limp        |
| Unusually small/Not Growing | Colic      | Not responsive to touch, sound, etc. |             |

**Describe your child's behavior and mood during their first 2 years of life:**

---

**Developmental Milestones (Months):**

- |                             |                                   |                     |
|-----------------------------|-----------------------------------|---------------------|
| _____ First words           | _____ Sentences (3 words or more) |                     |
| _____ Sat up                | _____ Crawled                     | _____ Walked        |
| _____ Bladder trained (day) | _____ Bladder trained (night)     | _____ Bowel trained |

**Does your child have ongoing bladder OR bowel accidents:** Yes / No How often? \_\_\_\_\_

**Medical Problems from Birth through 6 Years Old:**

- |                         |                    |                |             |
|-------------------------|--------------------|----------------|-------------|
| Grew slowly/Underweight | Ear infections     | Tubes in ears  | High fevers |
| Many headaches          | Many stomach aches | Staring spells |             |

**Explain:**

---

**Any overnight medical hospitalizations?**

---

**Behavior Problems from Birth Through 6 Years Old:**

- |                                 |                 |                           |                  |
|---------------------------------|-----------------|---------------------------|------------------|
| Hyperactive                     | Aggressive      | Difficult to calm         | Extreme tantrums |
| Overly sensitive to sound/touch | Stiff when held | Severe separation anxiety | Played alone     |

**If female, age at first period:** \_\_\_\_\_ **Regular periods every month?** Yes / No

**Is there severe pain and changes to mood/behavior with periods?** Yes / No

**Head Injury:**

**Has your child ever had a serious hit to the head that resulted in any of the following problems?**

Yes/No If yes, explain:

- |               |                   |                 |                          |
|---------------|-------------------|-----------------|--------------------------|
| Headache      | Sleeping too much | Fatigue         | Difficulty concentrating |
| Feeling dizzy | Vomiting          | Memory problems | Feeling foggy            |

---

**How many times?** \_\_\_\_\_ **What age at each time?** \_\_\_\_\_

**Did your child ever have a loss of consciousness (been knocked out)?** Yes / No

**How many times?** \_\_\_\_\_ **What age at each time?** \_\_\_\_\_

**CURRENT MEDICAL INFORMATION**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

List all medical problems:

\_\_\_\_\_

Does your child require glasses? Yes / No

Ongoing vision problems even with glasses/contacts? Yes / No

Does your child have a hearing impairment? Yes / No Hearing aid? Yes / No

Has your child had any of these medical issues? (Circle)

- |                  |              |                |                               |                             |
|------------------|--------------|----------------|-------------------------------|-----------------------------|
| GERD             | Cancer       | Chronic asthma | Exercise induced asthma       | Sleep apnea                 |
| Diabetes         | Hearing loss | Ulcers         | Epilepsy/Seizure              | Severe or frequent headache |
| Thyroid problems | Tics/Twitch  | Fainting       | Loss of bladder/bowel control |                             |

Does your child complain a lot about pain in any particular area? Yes / No \_\_\_\_\_

Any idea why? \_\_\_\_\_

**Sleep Problems:**

Typical bedtime: \_\_\_\_\_ Typically awake at: \_\_\_\_\_

How long does it take for him/her to fall asleep? \_\_\_\_\_

Hours of sleep per night? \_\_\_\_\_

History of sleep study? Yes / No Where was study performed? \_\_\_\_\_ When? \_\_\_\_\_

Tonsils and/or adenoids removed? Yes / No Sleep better after? Yes / No

Any of the following: (Circle)

- |                                     |  |                              |
|-------------------------------------|--|------------------------------|
| Fearful of the dark                 | Grinding teeth                             | Falling asleep at school     |
| Sleep walking                       | Sleep talking                              | Can't wake up in morning     |
| Frequent awakenings                 | Napping regularly after school             | Excessive daytime sleepiness |
| Nightmares                          | Loud, constant snoring (not just when ill) | Can't get going in mornings  |
| Restlessness/Twitching during sleep |  |                              |

Any of the following in child's room? (Circle)

- |                  |            |      |             |        |
|------------------|------------|------|-------------|--------|
| TV/Cable         | Computer   | iPad | DS/Nintendo | Kindle |
| Cell Phone/Phone | DVD Player |      |             |        |

**Appetite:** (Circle)

- |                                       |                                       |                               |
|---------------------------------------|---------------------------------------|-------------------------------|
| Recent weight gain/loss               | Hiding/Hoarding food                  | Food can't touch/mix on plate |
| Binge eating                          | Noticeable appetite increase/decrease | Over picky eater              |
| Chronically hungry (even if just ate) | Recognize when full                   |                               |

Food rejected due to: (Circle)

Texture in mouth      "Looks different"

Please list your child's most recent outpatient visit (Provider name, reason for visit):

\_\_\_\_\_

**Current medications:**

Drug Name:	Dosage:	Prescribing Doctor:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Do you think these are helping? (Circle one)

"No"      "A little"      "Pretty good"      "Huge improvement"

Over-the-counter medications, herbal remedies, supplements, vitamins:

\_\_\_\_\_

**FAMILY/MEDICAL HISTORY**

Biological mother's education: \_\_\_\_\_ Employment: \_\_\_\_\_

Biological father's education: \_\_\_\_\_ Employment: \_\_\_\_\_

Has your child's biological *parents or siblings* had problems with any of the following?

- |               |                   |                   |            |                    |
|---------------|-------------------|-------------------|------------|--------------------|
| Bipolar       | Depression        | Anxiety           | OCD        | Completed suicide  |
| MR            | Autism/Asperger's | Learning disorder | ADHD       | Sleeping disorders |
| Schizophrenia | Thought disorder  | Antisocial traits | Alcoholism | Drug abuse         |
| Dementia      | Seizures          | Diabetes          | FASD       | PTSD               |
| Chronic pain  | Other: _____      |                   |            |                    |

Do your child's problems remind you of anyone else in the family (aunts, uncles, grandparents, etc)? Yes / No

If so, who? \_\_\_\_\_ What was their diagnosis? \_\_\_\_\_

How are they alike? \_\_\_\_\_ How are they different? \_\_\_\_\_

**PSYCHIATRIC HISTORY**

**Abuse:**

**Any history of abuse or trauma?** Yes No

Physical	Sexual	Emotional	Left Alone
Didn't have enough to eat/drink	Had to take care of siblings	Didn't have proper clothing	Seen violence between family members
Left with strangers/others	Had to take care of parent as child		Often saw parents drunk/high

**Treatment:**

**Has your child ever been psychiatrically hospitalized or in a Residential Treatment Center?**

Yes / No Which one? \_\_\_\_\_ For how long? \_\_\_\_\_

**Was this helpful?** Yes / No **Why/Why Not?** \_\_\_\_\_

**Age at first admission?** \_\_\_\_\_ **How many total admissions/residential placements (estimate)?** \_\_\_\_\_

**Date of most recent admission?** \_\_\_\_\_ **For what?** \_\_\_\_\_

**When did you first seek help for your child's mental health problems?** \_\_\_\_\_

**Was this from a...** family/medical doctor **OR** a psychiatrist/counselor/therapist

**For what?** \_\_\_\_\_

**Age when first put on medication:** \_\_\_\_\_ **What was it?** \_\_\_\_\_ **Did it work?** Yes / No

**List ALL psychiatric diagnosis:** \_\_\_\_\_

**Is your child receiving therapy (individual or group) now?** Yes / No

**If Yes, with who?** \_\_\_\_\_ **Is it working?** \_\_\_\_\_

**Is your child taking psychiatric medications now?** Yes / No

**If Yes, name of medication(s):** \_\_\_\_\_

**Is it working?** Yes / No

**Severe Symptoms:**

**Has your child ever hurt themselves on purpose?** Yes / No **By doing what?** \_\_\_\_\_

**First time:** \_\_\_\_\_ **Last time:** \_\_\_\_\_ **Total number of times:** \_\_\_\_\_

**Any history of:**

Cutting self	Burning self	Hitting self
Scratching at skin	Pulling out hair	Banging head
Talking about suicide	Wishing to be dead	Wanting to "go away"

**Has your child ever threatened to hurt themselves? Yes / No**

**If yes, how (i.e. holding a knife to themselves)?** \_\_\_\_\_

**What current stressors are in your child's life? (Circle)**

- |                       |                       |                 |
|-----------------------|-----------------------|-----------------|
| Death of family       | Addition to family    | Family finances |
| No support            | Legal/Criminal charge | School          |
| Divorce//Separation   | Relocation            | No friends      |
| Family injury/illness |                       |                 |

**Other:** \_\_\_\_\_

**SUBSTANCE USE/ABUSE HISTORY**

**Has your child ever tried/used: (Circle) – If NO move to Psychosocial History**

- |           |               |      |               |                      |
|-----------|---------------|------|---------------|----------------------|
| Marijuana | Cocaine/Crack | Meth | Gas/inhalants | Pain pills/Sedatives |
| Mushrooms | Spice         | LSD  | Ecstasy       | Alcohol              |

**How old was your child when he/she first used:**

Alcohol \_\_\_\_\_ Marijuana \_\_\_\_\_ Other drugs \_\_\_\_\_

**List your child's most frequently used drug:** \_\_\_\_\_

**How often?** Daily Weekly Monthly

**Circle if your child has ever had the following from drug or alcohol use:**

- |           |            |         |          |                  |
|-----------|------------|---------|----------|------------------|
| Blackouts | Withdrawal | Tremors | Seizures | Morning drinking |
|-----------|------------|---------|----------|------------------|

**Has your child ever had a MCA or other alcohol related arrest? Yes / No**

**If yes, how many?** \_\_\_\_\_

**Has your child ever gone to inpatient treatment or community programs for substance abuse? Yes / No If Yes, list how many total and last:** \_\_\_\_\_

**Does your child smoke cigarettes? Yes / No How many a day?** \_\_\_\_\_

**How many cups of coffee/soda or energy drinks does your child have daily?** \_\_\_\_\_

**PSYCHOSOCIAL HISTORY**

**Family Information:**

**Who does your child live with?**

- |                   |                 |               |     |             |
|-------------------|-----------------|---------------|-----|-------------|
| Biological Family | Adoptive Family | Foster Family | RTC | Other _____ |
|-------------------|-----------------|---------------|-----|-------------|

**List all members of current home, including foster family members:**

\_\_\_\_\_

**Biological parent's divorced? Yes / No When?** \_\_\_\_\_

**Remarried? Yes / No Number of times:** \_\_\_\_\_



Who has custody? \_\_\_\_\_

Step-Father's Name: \_\_\_\_\_ Step-Mother's Name: \_\_\_\_\_

How much contact/Relationship with biological mother: \_\_\_\_\_

How much contact/Relationship with biological father: \_\_\_\_\_

If parents are deceased, what from? Father: \_\_\_\_\_ Mother: \_\_\_\_\_

Where was your child born? \_\_\_\_\_ How many moves w/family from ages 0-18? \_\_\_\_\_

In OCS custody? Yes / No Case worker: \_\_\_\_\_ Telephone #: \_\_\_\_\_

Parental rights terminated? Yes / No Date of termination: \_\_\_\_\_

Adopted? Yes / No When? \_\_\_\_\_

Foster/Adoptive parents occupations: \_\_\_\_\_

Caretakers in early life (if different from now): \_\_\_\_\_

How does child get along with parents/caretakers? \_\_\_\_\_

List child's biological brothers \_\_\_\_\_ sisters \_\_\_\_\_

What is child's birth order (e.g., 3<sup>rd</sup>): \_\_\_\_\_ Ages of siblings: \_\_\_\_\_

How does child get along with siblings? \_\_\_\_\_

Describe the mood of your child's home: \_\_\_\_\_

**Discipline in the family:**

Who does most of the discipline? \_\_\_\_\_ Consistent between parents? \_\_\_\_\_

What approach do you use? \_\_\_\_\_

Does this work? \_\_\_\_\_

What chores or responsibilities does your child regularly do?

\_\_\_\_\_

Does your child have regular scheduled homework hours? Yes / No

Does your family have a good support network? Yes / No Describe:

\_\_\_\_\_

**Entertainment choices** (hours spent per day):

TV: \_\_\_\_\_ Video games: \_\_\_\_\_ Computer: \_\_\_\_\_ Reading: \_\_\_\_\_

What does your family do together for fun? How often?

\_\_\_\_\_

**School Information:**

Current grade: \_\_\_\_\_ Current School: \_\_\_\_\_ Current teacher: \_\_\_\_\_

Last three schools attended and dates:

\_\_\_\_\_

\_\_\_\_\_

Highest grade completed in school: \_\_\_\_\_ Average grades/GPA: \_\_\_\_\_

Did your child ever need special education? Yes / No Current IEP or 504? Yes / No

Does your child need help with: Math Reading Writing All Other: \_\_\_\_\_

Has your child ever repeated a grade? Yes / No What grade(s): \_\_\_\_\_

Was your child ever suspended or expelled? Yes / No How many times total? \_\_\_\_\_

What for? \_\_\_\_\_

Has your child's classroom teacher(s) reported any of the problems below? (Circle)

- |                            |                            |                          |
|----------------------------|----------------------------|--------------------------|
| Attention/Concentration    | Social problems            | Poor memory              |
| Distractibility            | Withdrawal                 | Not following directions |
| Hyperactivity              | Aggression                 | Poor handwriting         |
| Not turning in assignments | Learning/Academic problems | Daydreaming              |
| Behavior problems          | Blank staring              |                          |

Does your child participate in school sports or other school related activities? Yes / No

If so, what are they? \_\_\_\_\_

**Employment/Financial**

Is your child currently employed: Yes / No Where/Job title: \_\_\_\_\_

What is the longest length of employment for your child (months)? \_\_\_\_\_

List all current sources of income for family: \_\_\_\_\_

Has your child received social security disability? Yes / No Was it awarded? Yes / No

If so, when last applied? \_\_\_\_\_ For what? \_\_\_\_\_

**Legal:**

Has your child ever been arrested or detained by the police? Yes / No What for? \_\_\_\_\_

Age at 1<sup>st</sup> arrest: \_\_\_\_\_ Total number of arrests: \_\_\_\_\_ Date of most recent: \_\_\_\_\_

Is your child currently on probation or parole? Yes / No

Has your child ever run away from home? \_\_\_\_\_ How many times? \_\_\_\_\_

Is your family/child involved in any open litigation or legal proceedings with the following?

- Worker's Compensation Personal Injury DFYS/OCS Divorce Custody

**REMEMBER:** Bring records from schools, hospitals, psychiatrists, psychologists, CT/MRI scans, and testing regarding your child’s problem(s).

**ALSO BRING THEIR HEARING AIDS, GLASSES, AND SNACKS!**

**Additional Information**

Please include any other information that will help us better understand your child’s problem.

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**REMEMBER:** If you have previous school records, psychiatric evaluations, or other medical records regarding the problem you are being seen for, please bring them with you.

If you/patient have any problems hearing or seeing, remember to **BRING YOUR HEARING AIDS/GLASSES.**

**\*On the day of your appointment please remember not to take any medications with sedating side effects or medications that are used to control ADHD or ADD – You may bring them with you to take after testing process.**

**Thank you for taking the time to complete this questionnaire!**

**AUTHORIZATION FOR MUTUAL EXCHANGE OF INFORMATION**

**Please send reports to:** Alaska Neuro Associates, LLC, 4241 B Street, Suite 202, Anchorage, AK 99503  
 Phone: 907-277-0100 Fax: 907-222-0566

**PATIENT NAME** \_\_\_\_\_ **DATE OF BIRTH** \_\_\_\_\_

The purpose of obtaining/releasing information is to get a complete record of medical and developmental history. This information is essential to providing a comprehensive evaluation and to recommending appropriate services as well as to avoid unnecessary testing and duplication. The following people have been, or will be involved with my/my child's care. I authorize the mutual exchange of information between Alaska Neuro Associates - ANA and:

Please check all that apply	Please print name, phone number, and fax number of Provider	Dates Seen	Release:	
			From	To
<input type="checkbox"/> <b>Primary Physician</b>	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Hospital Records	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> MRI, CT scan, EEG	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Neurologist	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> <b>School Records</b>	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Psychology/Counseling	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Speech/Occupational Therapy	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Other(Please Specify)	_____	_____	<input type="checkbox"/>	<input type="checkbox"/>

I give permission for the final report to be EMAILED to the following addresses: (please ask for password protected if needed, email is not secure otherwise) \_\_\_\_\_

**Terms:** I understand that authorizing the disclosure of the above information is voluntary and I need not sign this form to ensure treatment. I understand that the information in my/my child's health record may include records relating to sexually transmitted diseases, drug and/or alcohol abuse treatment, psychiatric care or other sensitive information. I understand that raw test data will only be released to a trained Neuropsychologist professional. This request must be in writing.

**Expiration & Right to Revoke Authorization:** Except to the extent that action has already been taken in reliance on this authorization, at any time I may revoke this authorization by submitting a notice in writing to the Health Information Services Department. Unless revoked earlier, this authorization will expire twelve months from the date on which it was signed, or upon the following **date or event:** \_\_\_\_\_

**Re-disclosure:** I understand that once the above information is disclosed, it may be subject to re-disclosure by the recipient and no longer protected by federal privacy laws or regulations.

\_\_\_\_\_  
**Signature** Relationship to patient Date

\_\_\_\_\_  
**Please print name** Address



**4241 B Street, Suite 202, Anchorage, AK 99503**  
**Phone: 907-277-0100 Fax: 907-222-0566**  
**alaskaneuro.com**

**Alaska Neuro Associates, LLC**  
**Notice of Privacy Practices**

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY. IF YOU HAVE ANY QUESTIONS ABOUT THIS NOTICE, PLEASE CONTACT OUR PRIVACY CONTACT, WHO IS THE OFFICE MANAGER AT 907-277-0100.**

This Notice of Privacy Practices tells you how we may use and disclose your protected health information to treat you, bill for the care we provide, and operate our practice in a business-like manner. It also explains when we may use or disclose patient health information to comply with various laws. "Protected health information" ("PHI") is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services. We are required to abide by the terms of this Notice of Privacy Practices.

We may change the terms of our notice, at any time. The new notice will be effective for all PHI that we maintain at that time. Upon your request, we will provide you with any revised Notice of Privacy Practices by accessing our website at [www.alaskaneuro.com](http://www.alaskaneuro.com), calling the office and requesting that a revised copy be sent to you in the mail or asking for one at the time of your next appointment.

**1. Uses and Disclosures of Protected Health Information**

Your PHI may be used and disclosed by your physician, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you. Your PHI may also be used and disclosed to pay your health care bills and to support the operation of the physician's practice. Alaska Neuro Associates, LLC will limit its own uses and disclosures of PHI to the minimum amount of information necessary to accomplish the purpose at hand.

**Uses and Disclosures of Protected Health Information for Treatment, Payment and Healthcare Operations**

**Treatment:** We will use and disclose your PHI to provide, coordinate, or manage your health care and any related services. We will also disclose PHI to other physicians who may be treating you when we have the necessary permission from you to disclose your protected health information. For example, your PHI may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

**Payment:** Your PHI will be used, as needed, to obtain payment for your health care services. This may include certain activities that your health insurance plan may undertake before it approves or pays for the health care services we recommend and have provided for you such as; making a determination of eligibility or coverage for insurance benefits, reviewing services provided to you for medical necessity, and undertaking utilization review activities. For example, we often are required to provide written medical documentation to support services provided to you.

**Healthcare Operations:** We may use or disclose, as-needed, your PHI in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, and conducting or arranging for other business activities.

In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your PHI, as necessary, to contact you to remind you of your appointment.

We will share your PHI with third party "business associates" that perform various activities (e.g., billing, transcription services) for the practice. Whenever an arrangement between our office and a business associate involves the use or disclosure of your PHI, we will have a written contract that contains terms that will protect the privacy of your protected health information.

We may use your name and address to send you a newsletter about our practice and the services we offer. We may also use your PHI to provide you with information about treatment alternatives or other health-related benefits and services that are relevant to your condition. We will, under no circumstances, sell our patient lists to any third party.



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**Others Involved in Your Healthcare:** Unless you object, we may disclose to a member of your family, a relative, a close friend or any other person you identify, your PHI that directly relates to that person's involvement in your health care. If you are unable to agree or object to such a disclosure, we may disclose such information as necessary if we determine that it is in your best interest based on our professional judgment. We may use or disclose PHI to notify or assist in notifying a family member, personal representative or any other person that is responsible for your care of your location, general condition or death. Finally, we may use or disclose your PHI to an authorized public or private entity to assist in disaster relief efforts and to coordinate uses and disclosures to family or other individuals involved in your health care.

#### **Other Permitted and Required Uses and Disclosures of Protected Health Information for Public Policy Purposes**

We may use or disclose your PHI in the following situations:

**Required By Law:** We may use or disclose your PHI to the extent that such use or disclosure is required by law.

**Public Health:** We may disclose your PHI for public health activities and purposes to a public health authority that is permitted by law to collect or receive the information

**Communicable Diseases:** We may disclose your PHI, if authorized by law, to a person who may have been exposed to a communicable disease or may otherwise be at risk of contracting or spreading the disease or condition.

**Health Oversight:** We may disclose PHI to a health oversight agency for activities authorized by law, such as audits, investigations, and inspections

**Abuse or Neglect:** We may disclose your PHI to a public health authority that is authorized by law to receive reports of child abuse or neglect. In addition, we may disclose your PHI if we believe that you have been a victim of abuse, neglect or domestic violence to the governmental entity or agency authorized to receive such information.

**Food and Drug Administration:** We may disclose your PHI to a person or company required by the Food and Drug Administration to report adverse events, product defects or problems, biologic product deviations, track products; to enable product recalls; to make repairs or replacements, or to conduct post marketing surveillance, as required.

**Legal Proceedings:** We may disclose PHI about you in the course of any judicial or administrative proceeding, in response to an order of a court or administrative tribunal to the extent such disclosure is expressly authorized. We may also disclose PHI about you in response to a subpoena, discovery request or other lawful process., provided appropriate steps have been taken to notify you or to get a protective order from the court to safeguard your PHI.

**Law Enforcement:** We may disclose PHI for law enforcement purposes, such as: (1) legal processes and otherwise required by law, (2) pertaining to victims of a crime, (3) suspicion that death has occurred as a result of criminal conduct, (4) in the event that a crime occurs on the premises of the practice, and (5) medical emergency (not on the Practice's premises) and it is likely that a crime has occurred.

**Coroners, Funeral Directors, and Organ Donation:** We may disclose PHI to a coroner, medical examiner, or funeral director for identification purposes, as appropriate.

**Research:** We may disclose your PHI to researchers doing studies based on existing medical records or using existing records to plan a study involving patient treatment when their research has been approved by an institutional review board, which has reviewed the research proposal and established protocols to ensure the privacy of your PHI. If you agree to participate in research involving treatment, you will also be asked to sign an authorization to allow the researcher to use PHI gathered in the study.

**Imminent Threats:** Consistent with applicable federal and state laws, we may disclose your PHI, if we believe that the use or disclosure is necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public.



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**Military Activity and National Security:** When the appropriate conditions apply, we may use or disclose PHI of individuals who are Armed Forces personnel for activities deemed necessary by appropriate military and security purposes.

**Workers' Compensation:** We may disclose your PHI as authorized to comply with workers' compensation laws and other similar legally-established programs.

**Inmates:** We may use or disclose your PHI if you are an inmate of a correctional facility and your physician created or received your PHI in the course of providing care to you.

**Disclosures to the U.S. Department of Health and Human Services:** Under the law, we must make disclosures on request to the Secretary of the Department of Health and Human Services ("HHS") to help HHS determine our compliance with federal laws that protect the privacy of your health information.

#### **Other Uses and Disclosures of Protected Health Information:**

Other uses and disclosures of your PHI will be made only with your written authorization. You may revoke an authorization at any time, in writing, except to the extent that your physician or the practice has taken an action in reliance on the uses or disclosures permitted under that authorization.

## **2. Your Rights**

**You have the right to inspect and copy your PHI.** You may inspect and obtain a copy of PHI about you that is contained in a designated record set for as long as we maintain the PHI. A "designated record set" contains medical and billing records and any other records that your physician and/or the practice uses for making decisions about you.<sup>1</sup> You may be charged a fee for the copying at the rates prescribed under local law. To obtain access to your medical record, you must submit a written request for such record to the Privacy Officer.

**You have the right to request a restriction of your protected health information.** You may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You must submit the request in writing and describe the specific restriction requested and to whom you want the restriction to apply. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice of Privacy Practices.

Under federal law, however, you may not inspect or copy the following records: psychotherapy notes, information compiled in reasonable anticipation of litigation, or information governed by certain federal laws pertaining to laboratory testing quality.

Your physician is not required to agree to a restriction that you may request. We may deny your request for an amendment if we believe the information at issue is accurate and complete or if we did not create the information originally. If your physician does agree to the requested restriction, we may not use or disclose your PHI in violation of that restriction unless it is needed to provide emergency treatment.

**You have the right to request to receive confidential communications from us by alternative means or at an alternative location.** We will accommodate reasonable requests. We may also condition this accommodation by asking you for information as to how payment will be handled or specification of an alternative address or other method of contact. We will not request an explanation from you as to the basis for the request.

**You may have the right to have your physician amend your protected health information.** You may request an amendment of PHI about you in a designated record set for as long as we maintain this information. In certain cases, we may deny your request for an amendment. If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal. We will not delete information from your medical record, but we may make adjustments or note corrections to the record, if so agreed. Please contact our Privacy Contact to determine if you have questions about amending your medical record.

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<sup>1</sup> **Ethical Standard 9.04 "Release of Test Data"** states that "Psychologists may refrain from releasing test data to protect a client/patient or others from substantial harm or misuse or misrepresentation of the data or the test, recognizing that in many instances release of confidential information under these circumstances is regulated by law."



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**You have the right to receive an accounting of certain disclosures we have made, if any, of your protected health information.** This right applies to disclosures for purposes **other than** treatment, payment or healthcare operations, as described in this Notice of Privacy Practices. It excludes disclosures we may have made to you to family members or friends involved in your care, or for notification purposes. You have the right to receive specific information regarding these disclosures that occurred after April 13, 2003. You may request a shorter timeframe. The right to receive this information is subject to certain exceptions, restrictions and limitations.

**You have the right to obtain a paper copy of this notice from us at any time.**

### **3. Non-Standard Conditions**

It is our opinion that the presence of a third party (audio- or videotaping or other non-standard condition) may not result in a statistically accurate or psychometrically sound scaled score. As you may know, norms for standardized tests are developed under strict conditions. If such conditions are not met, the scaled scores obtained by application of the test norms are not statistically defensible. Although it is the position of Pearson that the validity of any scaled score which results from a non-standard administration is suspect, it is the responsibility of the individual psychologist administering the test to determine whether testing under non-standard conditions serves any other purpose.

### **4. Complaints**

You may complain to us or to the Department Privacy Official by calling 907-465-2150, or by writing to State of Alaska, DHSS Privacy Official, PO Box 110650, Juneau, AK 99811-0650 or by emailing [PrivacyOfficial@health.state.ak.us](mailto:PrivacyOfficial@health.state.ak.us) if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying our privacy contact of your complaint. We will not retaliate against you for filing a complaint.

You may contact our Privacy Contact, The Office Manager at 907-277-0100 for further information about the complaint process.

This notice was published and becomes effective on **October 1, 2010.**